

## Resident Spotlight



**Susan, Resident**

We would like to welcome Susan to Emerald Gardens. Susan says she is enjoying the friendly atmosphere and helpful staff. Susan served as a physical education teacher for Grant HS and St. Johns in Portland. She also enjoyed traveling to her families cabin at Mt. Hood for some winter fun. We're pleased to welcome you!

## Team Member Spotlight



**Maria, Caregiver**

Maria started working with us in 2006. She has been with her husband for 23 years and married for 8 years. She has 6 kids and lives on a farm. She likes to work and spend time with her kids. On her days off, she likes to go on outings with her family. She loves plants and gardening. She states that she has been told that she is fun. She gets along with everyone and she loves working with seniors.

# moments captured



A fond look back at staff and residents during the recent holiday activities at Emerald Gardens. Everyone is busy during the holidays!!

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@EMERALDGARDENSCOMMUNITY

January 2026

# Emerald Gardens News

Assisted & Memory Care | 1890 Newberg Hwy. | Woodburn, OR 97071 | 503-982-4000



## HAPPY Birthday

### Residents

- Peggy 1/31
- Joyce 1/29
- Urban 1/1
- Miriam 1/22
- Mary 1/2

### Staff

- Patricia 1/14
- Maria 1/19
- Teresa 1/23
- Valeria 1/29

## A Note from the Executive Director

Dear Residents,

Happy New Year! Welcome to January! We are very excited for 2026 and what it has in store for us.

Thank you again for a great year in 2025! We had so much fun and made many memories.

Please take note:

We want to spread the word, if you have any friends that would like to join our community, please let Michelle know. You could easily

qualify for a Resident Referral Credit. Spread the word and have your close friends come see us and have them be your neighbors.




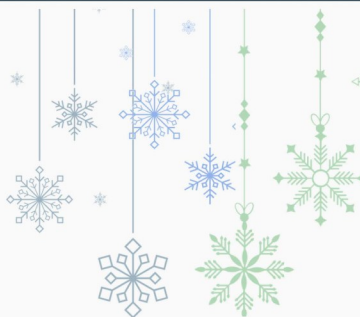
Thank you, Teresa



Teresa Smith,  
Executive Director

# JANUARY 2026

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SUN	MON	TUE	WED	THU	FRI	SAT
				<p><b>1 New Year's Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 <b>New Years Resolution Happy Hour</b> 2:30 Manicures 3:00 Ice Cream Social</p>	<p><b>2 Sci Fi Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 Wii Bowling 2:00 Board Game 3:00 <b>Sci Fi Movie</b></p>	<p>3 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 <b>Scenic Drive</b> 11:00 Bible Study 1:30 Movie Matinee 2:00 Popcorn Cart 4:00 Board Games</p>
<p><b>4 Trivia Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Church Live Stream 10:00 Bingo 1:30 Wii Bowling 2:30 Manicures 3:30 Trivia 4:00 Board Games</p>	<p><b>5 Bird Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:00 <b>Paint Bird Houses</b> 2:00 <b>Dutch Run</b> 3:00 Wii Bowling 4:00 Board Games</p>	<p><b>6 Technology Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 11:00 <b>Trapala</b> 1:30 Art Hour 2:45 Trivia 3:00 <b>Safeway</b> 4:00 Technology Documentary</p>	<p>7 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 <b>Chef Chat W/Moni</b> 2:00 Wii Bowling 3:00 Craft hour 4:00 Card Games</p>	<p><b>8 Elvis' Birthday</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 11:15 Library Pop Up 1:30 <b>Elvis Movie &amp; Snack</b> 2:30 Manicures 3:00 Ice Cream Social</p>	<p>9 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 Wii Bowling 2:00 Board Game 3:00 Trivia</p>	<p>10 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 <b>Scenic Drive</b> 11:00 Bible Study 1:30 Movie Matinee 2:00 Popcorn Cart 4:00 Board Games</p>
<p><b>11 Pizza Week</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Church Live Stream 10:00 Bingo 1:30 <b>Let's Bake Pizza</b> 2:30 Manicures 4:00 Board Games</p>	<p>12 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:00 Trivia 2:00 <b>Starbucks Run</b> 3:30 Wii Bowling 4:00 Board Games</p>	<p>13 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 11:00 <b>Take out Tuesday</b> 1:30 Art Hour 2:45 Trivia 3:00 <b>Walmart</b> 4:00 Board Games</p>	<p>14 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 <b>Resident Council</b> 2:00 Wii Bowling 3:00 Craft hour 4:00 Card Games</p>	<p><b>15 Bagel Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 <b>Bagel Tasting</b> 2:30 Manicures 3:00 Ice Cream Social</p>	<p>16 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 Wii Bowling 2:00 Board Game 3:00 Trivia</p>	<p>17 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 <b>Scenic Drive</b> 11:00 Bible Study 1:30 Movie Matinee 2:00 Popcorn Cart 4:00 Board Games</p>
<p>18 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Church Live Stream 10:00 Bingo 1:30 Wii Bowling 2:30 Manicures 4:00 Board Games</p>	<p><b>19 Popcorn Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:00 Popcorn Cart 2:00 <b>Dutch Run</b> 3:30 Wii Bowling 4:00 Board Games</p>	<p>20 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 11:00 <b>Elmers</b> 1:30 Art Hour 2:45 Trivia 3:00 <b>Dollar Store</b> 4:00 Cheese Platter Tasting</p>	<p><b>21 Granola Bar Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 <b>Activity Meeting W/Lori</b> 2:00 Wii Bowling 3:00 <b>Granola Bar Tasting</b> 4:00 Card Games</p>	<p>22 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 Yahtzee 2:30 Manicures 3:00 Ice Cream Social</p>	<p><b>23 Pie Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 Wii Bowling 2:00 <b>Pie Tasting</b> 3:00 Trivia <b>Birthday Celebrations</b></p>	<p>24 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 <b>Scenic Drive</b> 11:00 Bible Study 1:30 Movie Matinee 2:00 Popcorn Cart 4:00 <b>Peanut Butter Cookies</b></p>
<p>25 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Church Live Stream 10:00 Bingo 1:30 Wii Bowling 2:30 Manicures 4:00 Board Games</p>	<p>26 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:00 Trivia 2:00 <b>Starbucks Run</b> 3:30 Wii Bowling 4:00 Board Games</p>	<p>27 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 11:00 <b>Take out Tuesday</b> 1:30 Art Hour 2:45 Trivia 3:00 <b>Roth's in Silverton</b> 4:00 Board Games</p>	<p><b>28 Blueberry Pancake Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 Art Hour 2:00 Wii Bowling 3:00 Craft hour</p>	<p>29 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 <b>Let's Work on a Puzzle</b> 2:30 Manicures 3:00 Ice Cream Social</p>	<p>30 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 Bingo 1:30 Wii Bowling 2:00 Board Game 3:00 Trivia</p>	<p><b>31 Inspire Your Heart With Art Day</b> 7:45 Coffee Chat &amp; Crossword / Word Search 8:30 Daily Newsletter 9:15 Sit &amp; Stretch 10:00 <b>Scenic Drive</b> 11:00 Bible Study 1:30 Movie Matinee 2:00 Popcorn Cart 4:00 <b>Heart Art</b></p>

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ASSISTED & MEMORY CARE

## January 2026

upcoming events

Join us for our  
**Saturday Scenic Drives!**

**1/1 at 1:30 pm**  
**New Years Resolution**  
**Happy Hour**

**1/5 at 1 pm**  
**Birdhouse Painting on**  
**Bird Day**

**1/14 at 1:30 pm**  
**Resident Council**

**1/23 Birthday**  
**Celebrations**



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				1 <b>New Year's Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 1:30 <b>New Years Resolution Happy Hour</b> 2:30 Manicures 3:00 Ice Cream Social 4:00 Word Search	2 <b>Sci Fi Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 UNO! 1:00 Tell me a Joke 2:00 Board Games 3:00 <b>Sci Fi Movie</b>	3 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 <b>Scenic Drive</b> 11:00 Bible Study 1:00 Tell me a Joke 2:00 Movie 3:00 Sensory Gems 4:00 Balloon Toss
4 <b>Trivia Day</b> 8:00 Coffee & Chat 9:15 Church Streaming 10:00 Bingo 11:00 Word Search 1:30 Sensory Gems 2:30 Manicures 3:30 Trivia 4:00 Balloon Toss	5 <b>Bird Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 Movie Matinee 1:00 <b>Paint Bird Houses</b> 2:00 <b>Dutch Run</b> 3:00 Tell me a Joke 4:00 Word Search	6 <b>Technology Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Board Games 11:00 <b>Trapala</b> 1:30 Art Hour 2:00 Balloon Toss 3:00 <b>Safeway</b> 4:00 Word Search	7 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 UNO! 1:30 <b>Chef Chat W/Moni</b> 2:00 Documentary 3:00 Art Hour 4:00 Balloon Toss	8 <b>Elvis' Birthday</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:15 Library Pop Up 1:30 <b>Elvis Movie &amp; Snack</b> 2:30 Manicures 3:00 Ice Cream Social 4:00 Word Search	9 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 UNO! 1:00 Tell me a Joke 2:00 Movie 4:00 Board Games	10 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 <b>Scenic Drive</b> 11:00 Bible Study 1:00 Tell me a Joke 2:00 Movie 3:00 Sensory Gems 4:00 Balloon Toss
11 <b>Pizza Week</b> 8:00 Coffee & Chat 9:15 Church Streaming 10:00 Bingo 11:00 Word Search 1:30 <b>Let's Bake Pizza</b> 2:30 Manicures 3:00 Karaoke 4:00 Board Games	12 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 Morning Stroll 1:00 Hand Aromatherapy 2:00 <b>Starbucks Run</b> 2:30 Wii Bowling 3:00 Tell me a Joke 4:00 Board Games	13 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Board Games 11:00 <b>Take out Tuesday</b> 1:30 Art Hour 2:00 Tell Me a Joke 3:00 <b>Walmart</b> 4:00 Word Search	14 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 UNO! 1:30 <b>Resident Council</b> 2:00 Documentary 3:00 Sensory Gems 4:00 Balloon Toss	15 <b>Bagel Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 Library Pop Up 1:30 <b>Bagel Tasting</b> 2:30 Manicures 3:00 Ice Cream Social 4:00 Word Search	16 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 UNO! 1:00 Tell me a Joke 2:00 Movie 4:00 Board Games	17 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 <b>Scenic Drive</b> 11:00 Bible Study 1:00 Tell me a Joke 2:00 Movie 3:00 Sensory Gems 4:00 Balloon Toss
18 8:00 Coffee & Chat 9:15 Church Streaming 10:00 Bingo 11:00 Word Search 1:30 Sensory Gems 2:30 Manicures 3:00 Karaoke 4:00 Balloon Toss	19 <b>Popcorn Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 Morning Stroll 1:00 Popcorn Cart 2:00 <b>Dutch Run</b> 3:00 Karaoke 4:00 Movie Matinee	20 <b>Cheese Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Board Games 11:00 <b>Elmers</b> 1:30 Art Hour 2:00 Balloon Toss 3:00 <b>Dollar Store</b> 4:00 Cheese Platter Tasting	21 <b>Granola Bar Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 UNO! 1:30 <b>Activity Meeting W/Lori</b> 2:00 Documentary 3:00 <b>Granola Bar Tasting</b> 4:00 Board Games	22 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 Library Pop Up 1:30 Art Hour 2:30 Manicures 3:00 Ice Cream Social 4:00 Word Search	23 <b>Pie Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 Bingo 11:00 UNO! 1:00 Tell me a Joke 2:00 <b>Pie Tasting</b> 4:00 Board Games <b>Birthday Celebrations</b>	24 <b>Peanut Butter Day</b> 8:00 Coffee & Chat 9:00 Brain Relaxation 10:00 <b>Scenic Drive</b> 11:00 Bible Study 1:00 Tell me a Joke 2:00 Movie 3:00 Sensory Gems 4:00 <b>Peanut Butter Cookies</b>
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